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| **Each participant should self-screen prior to arrival at training or match days to ensure they do not have any of the following symptoms (confirmed by a parent for those under age 18), as these are potential indicators of COVID-19 infection.** | **Check Negative** | **Check Positive** |
| **A high temperature above 37.8°C** |  |  |
| **A new continuous cough.** |  |  |
| **Shortness of breath.** |  |  |
| **A sore throat.** |  |  |
| **Loss of or change in normal sense of taste or smell.** |  |  |
| **Feeling generally unwell.** |  |  |
| **Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two week.** |  |  |